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Year 5's Visit to Central Gurdwara



May 2026

As part of our world faith topic on the **Sikh religion**, we visited **Central Gurdwara** in Shepherd's Bush to learn more about this faith.

We learnt more about the history of Sikhism, Sikh beliefs and traditions, Sikh ceremonies, the importance of **Sewa** (service) and the Sikh population in Britain.

When we arrived, we removed our shoes and covered our heads before entering the prayer hall.

We learnt that Sikhs regard the **Guru Granth Sahib** as the **11th living Guru** and therefore treat with immense respect. We were able to see where the holy book is taken to rest each night.

We were invited to bow before the **Guru Granth Sahib** – the Sikh holy book – as all Sikhs do when they enter.

Before returning to school, we were invited to take part in the **langar**. This is a shared meal that takes place after worship which anyone can attend. We all loved the food, although some of us had a few too many helpings!

We listened to the **Granthi** read some of the sacred scriptures and learnt that a **Chaur** (a type of fan) is used to fan the **Guru Granth Sahib**.

