



Bikeability PSHE Week February 2026

As part of PSHE Week, Year 3 took part in a Bikeability course. We learned many invaluable skills. First, we learned how to maintain our bikes and check that they were safe to ride using the 'ABC' method – Air, Brakes, Chain. Then, we learned how to ride in a safe and predictable manner before practising the skills needed to be aware of what is going on around us when riding a bike. We also had lots of fun along the way!

