

Exploring Fruit and Vegetables!

I TRIED SOMETHING NEW

In Reception, Year 1 and Year 2 we had a visit from Caterlink who spoke to us about healthy diets. We explored a range of fruit and vegetables, sorting them into groups and finding out facts about their nutritional value!

We then got to try lots of different fruits and vegetables, some of which we had never had before!

Dragon fruit
Papaya
Radish
Dates



Grapefruit

Celery

Pomegranate

Figs

Physalis

