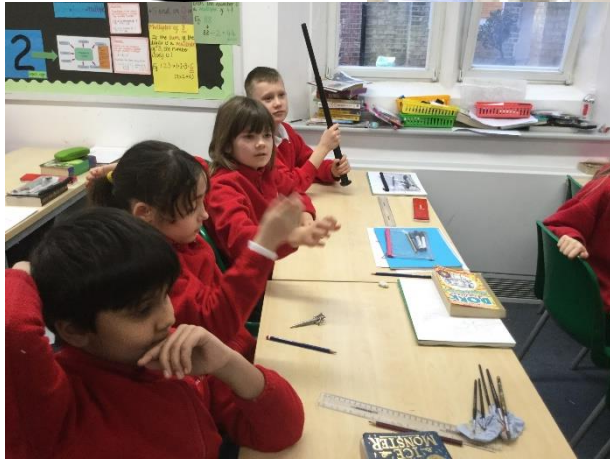




During PSHE week, Year 5 were visited by two police officers who gave us advice on **making the right choices** and on how to stay safe when out and about. We had lots of opportunity to ask questions and share our worries. We also got the chance to look at some of the officers' equipment!



**METROPOLITAN
POLICE**



**In an Emergency:
999**

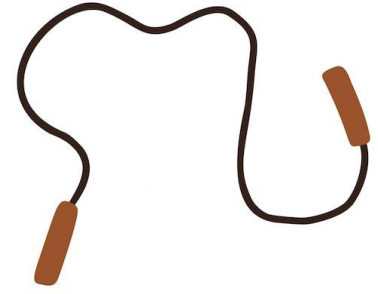
**CALL YOUR
LOCAL
POLICE
101
IN AN EMERGENCY
ALWAYS CALL 999**



Year 5 had a skipping workshop to remind us that exercising and staying active to keep our physical body healthy can be fun!



Finally, we took turns jumping through the big rope!



We tried double skipping and butterfly skipping with a friend.





Pedestrian Training

Year 5 learnt how to keep safe when we are out and about. We went outside the school gates to complete pedestrian training. This taught us how to walk safely on the pavement and how to cross the roads.



ROAD SAFETY

<p>THINK</p> <p>about where you should cross.</p> 	<p>STOP</p> <p>in a safe place at the side of the road.</p> 	<p>USE YOUR EYES & EARS</p> <p>to see and hear any approaching vehicles.</p> 
<p>WAIT</p> <p>until all the vehicles have passed.</p> 	<p>LOOK AND LISTEN</p> <p>again to make sure all is clear.</p> 	<p>CROSS</p> <p>the road. Keep looking and listening.</p> 