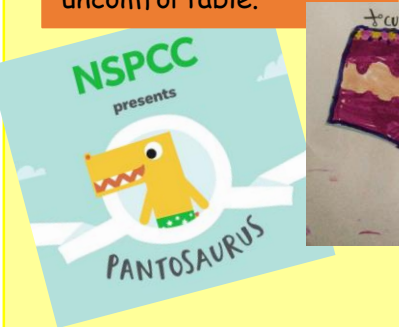


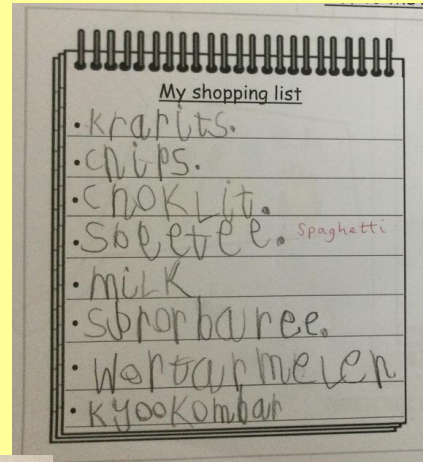
# Reception's PSHE week

With the help of the pantosaurus, we learnt about privacy and making sure to speak out if something or someone makes us feel uncomfortable.

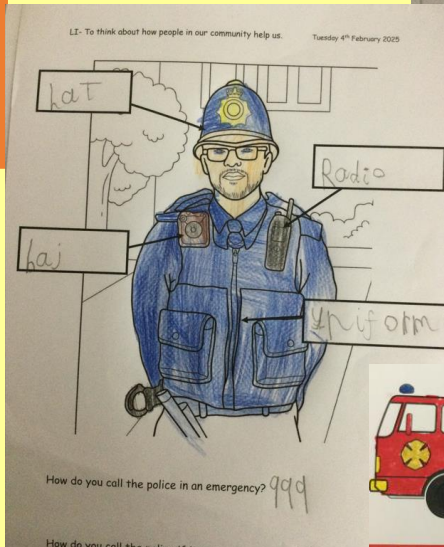
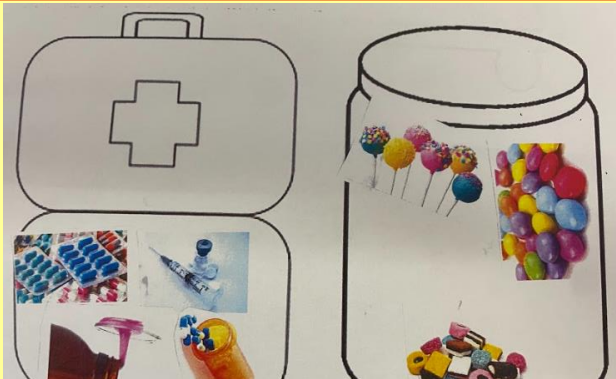


We learnt all about keeping our teeth clean, healthy and strong. We really enjoyed the role-play dentist and making our own tooth fairy mirror reminders to look after our teeth. Some of us made wonderful step-by step instructions for teeth brushing!

We learnt about the different ways we can have a healthy body. We looked at how exercise, sleep and food can make you strong! We really enjoyed learning about food groups and making our own healthy shopping lists. We took part in a skipping lesson to keep us active!



We learnt about people who can help us, including about keeping safe around medicines with Dr Jane and Dr Anna. We spoke to two local police officers about how the police can help us and to tell us a bit about what it is like to be a police officer. We really enjoyed listening into their radio and looking at their badges!



We learnt about road safety with the help of the TLF sock puppets! We loved practising our road safety skills to STOP, LOOK, LISTEN AND THINK when walking to the Heath and learning all about scooter safety with the Camden road safety team!

