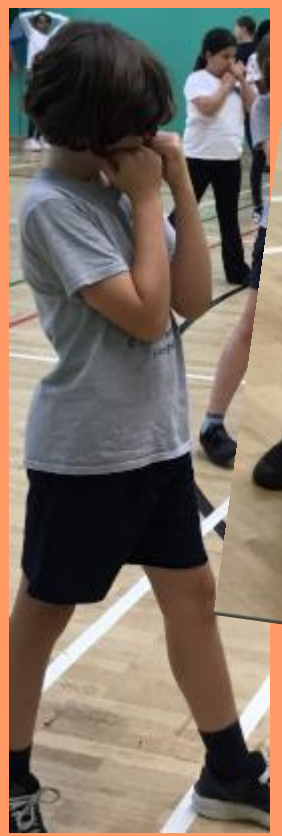


Year 5 Boxing



A group of children from our Year 5 class had a brilliant time at a boxing festival with children from lots of local schools. The festival involved learning the key skills and techniques used in Olympic-style boxing: stance, guard and footwork. There were also some competitive boxing games which focused on the key components in boxing: reactions, speed and agility.

October 2024