

ੴ

Year 5's Visit to Central Gurdwara

June 2024



As part of our world faith topic about **Sikhism**, we visited **Central Gurdwara** in Shepherd's Bush to learn more about the faith.

We then took part in a workshop to learn more about the history of Sikhism; Sikh beliefs and traditions; Sikh ceremonies; the importance of **Sewa** (service); and the Sikh population in Britain.

When we arrived we took off our shoes and covered our heads before entering the prayer room.

We learnt that Sikhs regard the **Guru Granth Sahib** as a living **Guru** and therefore treat it as such. We were able to see where the holy book is taken to rest each night.

We were invited to bow before the **Guru Granth Sahib** – the Sikh holy book – as all Sikhs do.

Before returning to school, we were invited to take part in the **langar**. This is a shared meal that takes place after worship which anyone can attend. We all loved the food!

We listened to the **Granthi** read some of the sacred scriptures and learnt that a **Chaur** (a type of fan) is used to fan the **Guru Granth Sahib**.

