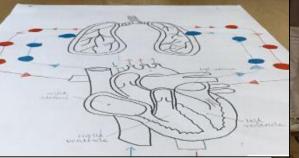
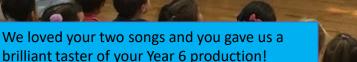
You explained all about your careers learning including the visits from different professionals, writing your own CVs and taking part in interview practice. We also loved your stop motion animations of the human circulatory system, sharing all your science learning about the heart.



## Thank you for a fantastic assembly, Year 6!





You shared some fabulous writing: a brilliant descriptive piece and an explanation text, encouraging us all to have a go at fencing.

Do you know the ins and outs of fencing? And want to know the history of fencing and how it benefits your body? Well, look no further, as here's your answer! Modern fencing dates from the late 15th century when civilians began carrying swords for the first time. Their weapon of choice was the rapier, which essentially was a thrusting sword rather than a cutting sword...[.....] Fencing has many advantages on your body and can improve your coordination, agility, flexibility and balance. As you are in the "on guard" position, your leg muscles can become stronger and more resistant when maintaining a position for a long time. The NHS recommends that children have at least 60 minutes of moderate exercise per

day. Fencing offers a perfect opportunity for this. So why not give it a try?!

....Hammered into the door was the same lock. Turning the key, I entered the room. It looked different. Light cascaded through the square-framed window, as specks of dust danced before my eyes. Dust sheets had been placed over ambiguous articles. I stared up at the thatched roof, the rafters and numerous sketches and designs pinned precariously all over the walls. ...

