

# Physical Education (PE) Curriculum Statement January 2023

This statement, and our Physical Education (PE) intent and curriculum, has been developed by our subject leader for PE in discussion with our teaching staff team and our Teaching, Learning and Standards Governors Committee. This curriculum statement should be read alongside

- our school vision statement
- our Teaching, Learning and Assessment Policy and our Policy on Marking and Feedback to Children
- our published curriculum overview
- our 'curriculum pack' for PE, which includes details of the agreed curriculum for PE at Christ Church, including our skills and content progression documents

### Intent of our Christ Church Physical Education Curriculum

Our PE and sport provision (both within the curriculum and through extra-curricular enrichment) plays a key role in our school vision of inspiring *life in all its fullness* for all, through its contribution to our provision of the widest possible breadth of curriculum and to the development of physical well-being for all.

The intent of our PE curriculum is to promote the importance of healthy, active lives for <u>all</u> pupils and to give <u>all</u> pupils the opportunity to participate, develop skills and excel in a range of physical activities. Our PE curriculum is planned and taught in a progressive way in order to build all children's skills cumulatively, in line with the aims as set out in the EYFS document and National Curriculum, allowing all children to build confidence and to challenge themselves. It also provides opportunities for children, including those with particular talent or enthusiasm in this area, to excel, demonstrate, support peers and to compete against children in other schools. Our wide-ranging provision in this area is also intended to allow children to discover new talents. There is a long-established commitment to high-quality, specialist teaching in PE and to high expectations of participation and achievement for all pupils.

Our PE curriculum, including related enrichment activities, is also designed to develop in all children a wider range of important life skills including collaborative team work, good sportsmanship, effective communication, self- and peer-evaluation and pride in aiming high and beating personal bests, all of which support children's character development.

#### Aims of Physical Education within the Primary National Curriculum

The National Curriculum for Physical Education aims to ensure that all pupils

- develop confidence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

(National Curriculum 2013)

# **The Curriculum**

All pupils are taught the content and skills as set out in the Early Years Foundation Stage (EYFS) document (in particular the Physical Development area of learning) and then the programmes of study in the National Curriculum.

Our Physical Education 'curriculum pack' includes

- our PE curriculum map, setting out areas/specific sports to be taught in different terms in different year groups
- our skills progression document detailing specific skills to be taught from Reception to Year 6 in the following areas:
  - o gymnastics
  - o skills for games and athletics
  - o game play
  - dance
  - wider skills, including evaluation of performance, setting targets, healthy lifestyle, setting targets, team work and use of technical vocabulary

#### Additional information specific to Physical Education (PE)

## Resources, teaching and continuing professional development

The school holds and purchases a wide range of PE equipment.

PE across the school is planned and taught by a specialist teacher, with support from a specialist TA.

The PE Subject leader (and the PE specialist teacher) attends appropriate training and/or networks for the subject area. Training is then shared with other staff, including through class teachers and other TAs participating in and leading PE sessions, with support from specialist staff. The school is also a member of the professional association for PE.

#### **Health and Safety**

Teachers are responsible for planning safe activities for PE. This is achieved by:

- ensuring children wear appropriate clothing and footwear
- selecting appropriate equipment according to children's ages and abilities
- teaching children how to use equipment safely
- making sure the children understand the importance of safety procedures
- reminding the children at the beginning of each lesson of the correct use of space and equipment.
- checking equipment and spaces for dangers and defects at the beginning of each session and making sure all equipment is used under adult supervision
- ensuring a qualified check of large gym equipment is carried out annually
- ensuring appropriate risk assessments are in place and followed for PE sessions in and out of school

## **Enrichment: Wider Opportunities, including Competitions**

The school provides a broad range of wider opportunities to enrich the PE curriculum, for example:

- additional weekly PE sessions on Hampstead Heath or at the Royal Free Sports Hall for Years 2-6, alongside PE lessons in school
- use of local facilities such as Swiss Cottage swimming baths, Hampstead Heath for orienteering, Parliament Hill athletics track for specific activities
- membership of Camden School Sports Association (CSSA)
- entries to a large number of competitive and non-competitive inter-school events across different sports, leading to some entries to higher level competitions
- school sports events and trials e.g. sports day and cross country trials
- trips to sports events
- after school sport and dance clubs for all children
- weekly 'wake and shake' dance and fitness session for the whole school community

#### Review

This statement will be reviewed by the school's PE Subject Leader every three years to ensure that it is a reflection of current best practice.