



# Reception's PSHE week



With the help of the pantoaurus, we learnt about privacy and making sure to speak out if something or someone makes you feel uncomfortable.

We learnt all about keeping our teeth clean, healthy and strong. We really enjoyed the role-play dentist and making our own tooth fairy mirror reminders to look after our teeth. Some of us made wonderful step-by-step instructions for teeth brushing!



We learnt about the different ways we can have a healthy body. We looked at how exercise, sleep and food can make you strong! We really enjoyed making fruit kebabs and sorting the foods into healthy and unhealthy snacks!

We learnt about road safety with the help of the TLF sock puppets! We loved practising our road safety skills to STOP, LOOK, LISTEN AND THINK when walking to the Heath this week!



We learnt about people who can help us, including about keeping safe around medicines with Dr Jane and Dr Anna.

