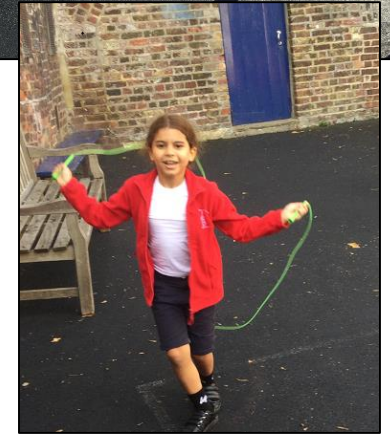
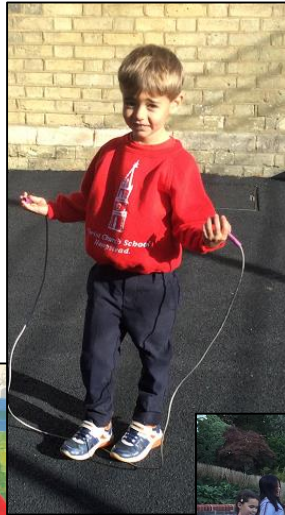


As part of our Happiness Project theme of Healthy Bodies, each class took part in a skipping workshop. We know that having a healthy body helps our mental well-being, too. Here are some pictures of the fun we had!



At the end of the day, we shared our skills with other classes and were inspired to keep practising!
September 2021