

A-life



Year 2 and Year 3 had a fantastic time exploring different aspects of healthy lifestyles in their A-Life Workshop as part of their PSHE learning. A particular favourite was the VR human anatomy t-shirt where we could see the organs in our body that are affected by the lifestyle choices we make. We also really enjoyed getting hands on with the Eatwell Guide to create a healthy balanced meal and considered where our food comes from

