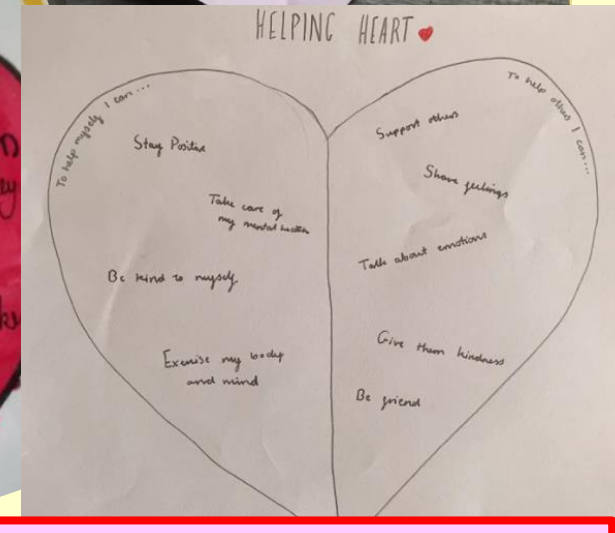
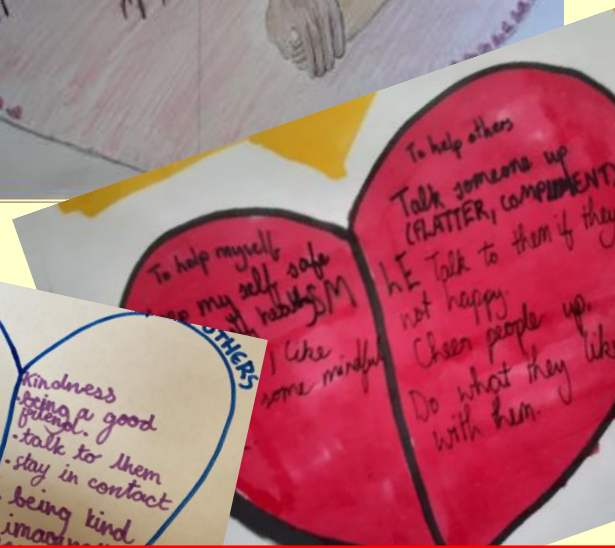
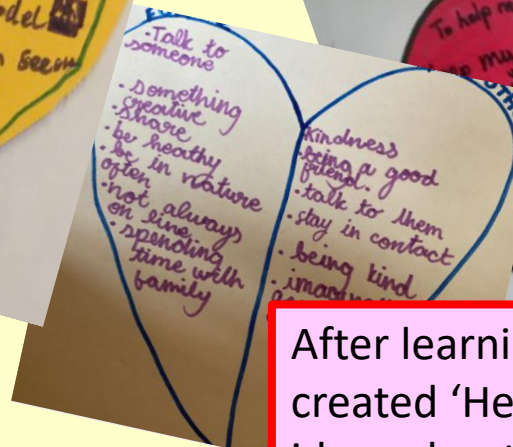
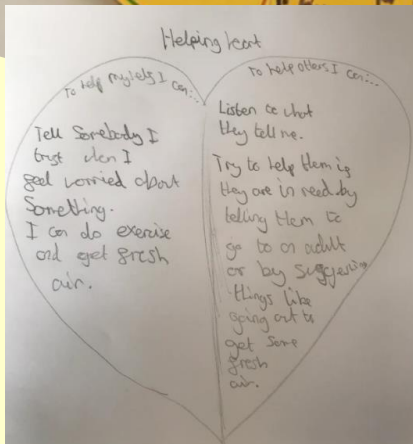
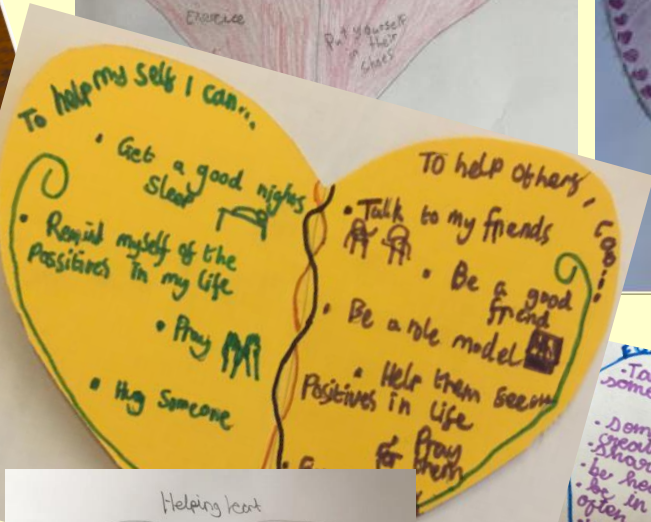
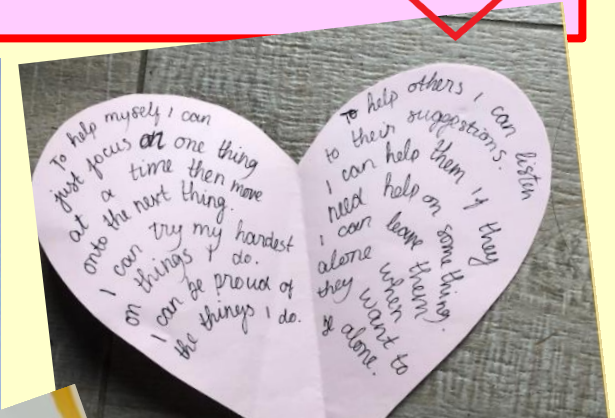
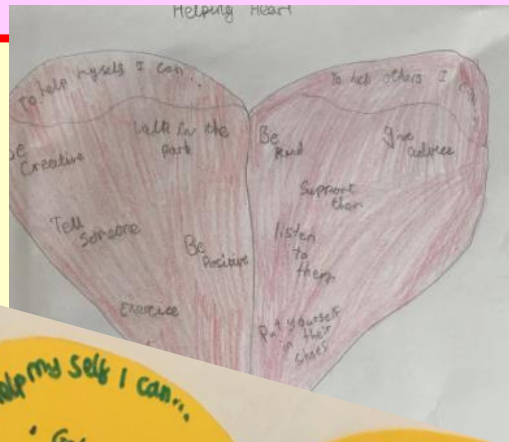


Year 5's Helping Hearts!



After learning about mental health and well-being, we created 'Helping Hearts'. We filled half of the heart with ideas about how we can help ourselves and the other half of the heart with ideas about how we can help others!