

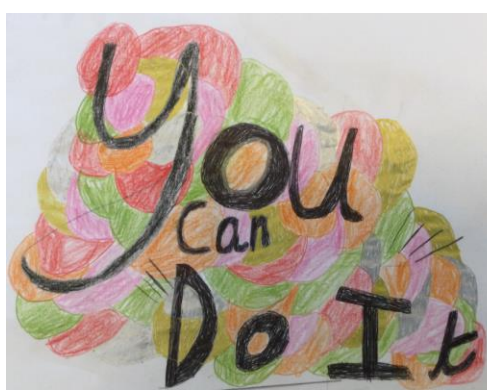
YEAR 4

WELLBEING WEDNESDAY

Today we thought about mental health. Lots of us wore yellow to show we were thinking about how we can support young people's mental health.



We made positive bunting!
We thought of messages to include that would help encourage people.



We also took part in the Christ Church Big Cook-Along!
We made tasty stuffed peppers (or other healthy recipes).

