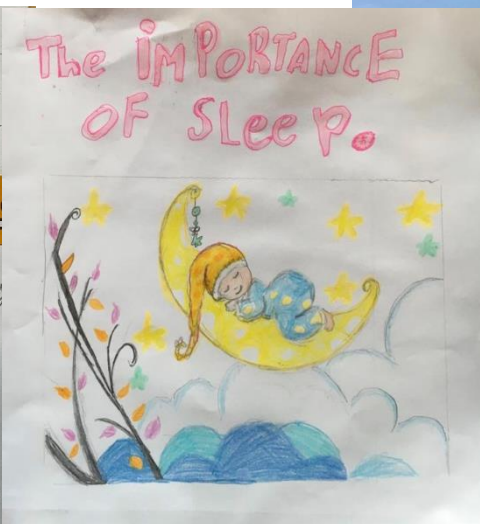
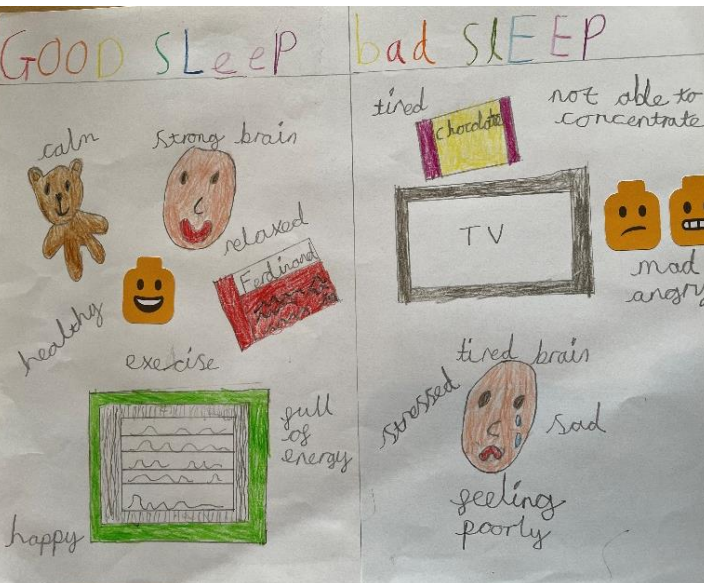
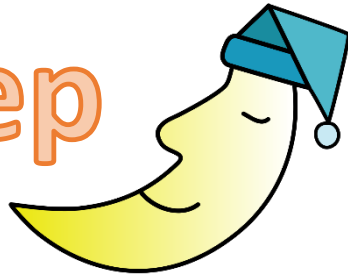


# The Importance Of Sleep



**Year 2 – Home Learning Week beginning February 1<sup>st</sup>, 2021**

This week we learnt all about the importance of sleep. We learnt about things we can do to help us sleep better, and some of us even created relaxation dens at home to help.

