

Safety

London Ambulance

Dr's ABC! Dr's ABC is a safe way to save someone's life!

D=Danger. Check for DANGER.

R=Response. Shake them and see if they RESPOND.

A=Airway. Tilt their head back to clear their AIRWAY. This will help them BREATHE.

B=Breathe. Check if they are BREATHING by listening to their mouth or by putting your hand on their tummy and see if their tummy moves up and down.

London Fire Brigade

CHECK YOUR SMOKE ALARM

Your smoke alarm keeps you safe! If a fire was to start the smoke alarm would sound and give you 3-5 mins to get out before the fire spreads. If you close your doors it gives you longer to evacuate. A normal door gives you 20-30 mins before the fire burns the door down. A fire door however gives you roughly 1 hour before it burns through.

Blue Cross

Blue Cross is a charity that helps pets find owners and keeps the pets healthy! If a dog approaches you then curl up into a ball and wait for the dog to walk away.

STAYING SAFE AND TIPS FOR TRAVELLING ACROSS LONDON

By Ethan Fitzbevan

When on the train or bus you will need a Zip card or a Oyster card these help you travel across the public transports. With a Zip card riding on the bus is free and going on the train is half price. When you are on the bus you need to be aware of any bad situations as you aren't hurt. Also on the bus you shouldn't stand next to the driver as it could block the view of the driver. On the underground you should stand at least your shadow and a step back from the platform's edge!



The final advice is when someone is unconscious and is still breathing but unable to move, in this scenario you should do the "DR ABC" this is a way of helping a unconscious person. D stands for Danger, check if there is a sharp object around before checking the surrounding area. It stands for response A stands for Airway B stands for Breathing and C stands for Circulation. To follow these steps in that order you will move maybe a few steps like! But also call a ambulance after these steps.

The next part is about the police force and what you can do if you see any suspicious things! When you can get in a safe place and then try and call the police the number is '999' and after tell them about the scene and tell them what you have seen and what you have discovered! Also if you find a weapon lying around make sure you don't touch it and you try and tell a adult where you found it so you can report it to the police.



REMEMBER TO STAY SAFE AND BEWARE OF YOUR SURROUNDINGS WHEN TRAVELLING TO YOUR SECONDARY SCHOOL.

Year 6 PSHE- STAYING SAFE- ONLINE WORKSHOP

This week we were lucky to attend an online, live workshop to support our transition to secondary school and to help keep us safe. Here is all the fantastic information we learnt!

MY PSHE POSTER

Metropolitan Police BY Miles

If you are in a scenario where a person has a weapon in their hand the best thing you should do is hide and either contact a person you know or the police. If you find a knife or a weapon hidden contact the police and remember what it looks like or take a photo if you are holding a phone.

The London Fire Brigade

Make sure you have a working fire detector because if it works than you will know that something has caught sight or burnt. Having your door closed at night adds 20 more minutes of protection if there was a fire but a fire door gives you 1 hr of protection. Crawling prevents smoke getting into your lungs. You should have a fire detector on every floor and if you can't hear you can get a vibrating fire detector. When you are going to open a door when there is a fire always feel it with the back of your hand. This is something that you can remember when there is a fire and what to do.

GET OUT STAY OUT AND CALL 999

Safety

What to do in a fire?

You should always have a fire alarm in every room of your house. If there was a fire happening when you were asleep you would wake up because of the fire alarm, that's why there so important. When you wake up and try to escape you should always remember to place the back of your hand on the handle in case the fire is behind the door. If it's hot go to the window open it and shout fire, fire then your neighbour or a person that walks by can call 999.

What to do if someone is injured?

If someone is unconscious on the floor you should do the method DR ABC. Dr ABC stands for danger, response, Airway, breathing, and circulation or call. After doing the method you should call 999.

If you see someone with a knife or weapon?

If you alone or walking with friends and your go by a park and you see people much older then you and you see there carrying a knife just walk away to somewhere safe and either call a family member or call the police.

YEAR 7 SAFETY

London Ambulance Service
Fire brigade
Blue Cross
Metropolitan Police

The Blue Cross is a charity that helps dogs to get new homes and is safe from all the danger. Blue cross can also tell you how to make sure you can keep your dog safe and healthy. You can also call them them as well their number is 44-13123536000

The Metropolitan Police will make sure you stay safe and if there was a problem like someone holding a knife run away and call 999 so they can save you.

KEEPING SAFE!

Ambulance
DR ABC:

Danger, look out for danger.
Response, see if they respond to you speaking.
Airway, tilt back their chin to unblock their airways.
Breathe, see if they are breathing by listening at their mouth whilst looking across at their chest.
Call, call 999 and ask for the ambulance which will come as soon as possible.

Use this acronym if you come across an unconscious person.

PSHE

London Fire Brigade (LFB)

To help to escape a fire, the LFB suggests that you install a smoke alarm, which will warn you of any fires around you or in your home. The LFB also suggests that you and your family should make an escape plan in case of any fires. If there are any fires, then what you should do is stay close to the ground as the smoke tends to rise and if you stay standing, then you could inhale smoke which would damage your breathing system. To check if there are any fires outside the room you are in, you should put the back of your hand against the door. If the surface is hot, then you should block it with something so that the fire doesn't keep through. Open your windows and call Fire! Fire! And someone will help you or call 999.

Metropolitan Police

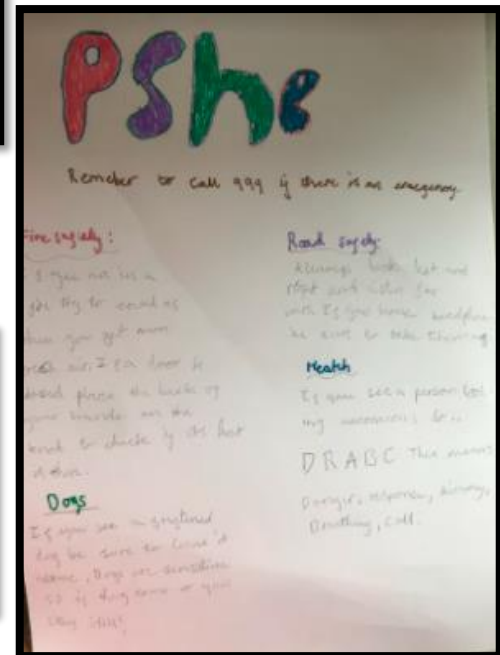
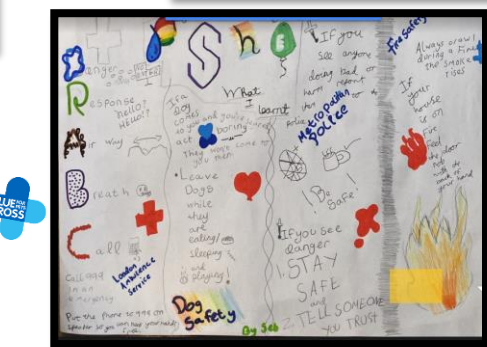
If you see anyone with weapons, then the Metropolitan Police suggest that you call 999 as carrying weapons is illegal, but if you are unsure of whether the person is allowed to carry a weapon (if they are a carpenter or if they are in the army etc.)

National Health Service (NHS)

The NHS showed us how to use the DRABC which stands for Danger, check for any danger, Response, check if the unconscious person is responding to you in words or actions, Always, shield the patients always by gently pushing their chin back. Breathing, check for breathing. Call, call 999 because even if the person is alive, they would be most likely in danger.

The BLUE CROSS For Pets

The BLUE CROSS is a charity that helps pets find their homes or it gives them homes in shelters for animals. The BLUE CROSS told us about dogs, and that we should not really cuddle them or petter them. Some times we have to leave them alone like when they are eating or sleeping or playing. However, we do have to pay some attention to them, as they need to be exercised daily.



LFB

LONDON FIRE BRIGADE

TRANSPORT FOR LONDON

NHS
London Ambulance Service
NHS Trust

The London Ambulance Service

If someone is on the floor lying unconscious this is what you should do. DR ABC
D= Danger you need to check the surroundings.
R= response see if they can talk.
A= air way you need to see if something has blocked their air way.
B= Breathe you need to see if they are breathing.
C= call an ambulance.

Metropolitan Police
Always have at least 3 trusted adults:
1. ???
2. ???
3. ???
If someone is carrying a knife, get away from them and call the emergency services.

London Fire Brigade
Get out
Stay out
Call 999
Check your smoke alarm with your parent every month by pressing the button. Never take the batteries out unless they're out. unless

London Ambulance Service
Danger
Response
Airway
Breathe
Call 999
If their airway is blocked don't stick your finger in their mouth, to get it out.

The Blue cross
Dogs are so useful they even have jobs:
• Police Dogs
• Guide Dogs
• Farmer Dogs
• Sniffing Dogs
Don't cuddle dogs because dogs don't know what hugs are and they think you're grabbing them.

PSHE Reasoning safe in the pandemic and around others

JUSTICE
In the future, our jobs normally will be with lots of technology.

ARRESTED!
To improve your job, you should be happy to go to work every day.

999
If you are in a fire, call 999. If you are in a car accident, call 999. If you are in a house with a gas leak, call 999.

SVINGIVES
If someone is in a car accident, call 999. If you are in a house with a gas leak, call 999.

RESUE
If you are in a car accident, call 999. If you are in a house with a gas leak, call 999.

Staying safe

Transport for London (TfL)
When travelling by bus, always stay away from the road. If you were to fall, you would have even more space between you and the road. Buses also travelling by tube or train, stay far behind the yellow line to prevent falling onto the rails. They have a daily 700,000 users in them! If you see someone in the walk go to a help point and press the 'Emergency' button if you're a member of staff. If you speak or react, always use a helmet and don't wear headphones!

London Fire Brigade (LFB)
If you live in a flatbed house, you should have a smoke alarm in every flat. You should also have a fire escape. If a fire does happen, check if a door has a hot handle by feeling with the back of your hand. Crawl on the floor, under the smoke. If you live in a flat, you need to install a smoke alarm in the kitchen, living room and the corridor. The rest is the same.

London Ambulance Service
If you were to find a casualty on the floor, you must follow the DR ABC rule to help. First, look for danger - are you alone or are there any other people? Next, check for a response - call the person ("Hello, are you ok?"). Open their airway as that they can breathe. See if they are breathing - if not, call for help, call 999 and ask for the ambulance.

Metropolitan Police
If you see any suspicious behavior, it is extremely important to report it. This can be to a trusted adult if they are nearby, or a member of the police. Is it alright to carry a weapon for defending yourself? Absolutely not! Only the military can.

Blue Cross
If you're scared of dogs, be as brave as possible to still and look away from the dog. Drop everything in your hands and act as uninteresting as possible.

Staying Safe
With The Police, Ambulance Service and The Fire Brigade!

DR ABC WHO?
DR ABC:
If you find someone unconscious, use DR ABC:
DANGER - check for DANGER
Response - check for response
Always - is there always clear?
Breathing - are they breathing?
Circulation - are they bleeding?

DR ABC WHO?
DR ABC:
If you find someone unconscious, use DR ABC:
DANGER - check for DANGER
Response - check for response
Always - is there always clear?
Breathing - are they breathing?
Circulation - are they bleeding?

DR ABC WHO?
DR ABC:
If you find someone unconscious, use DR ABC:
DANGER - check for DANGER
Response - check for response
Always - is there always clear?
Breathing - are they breathing?
Circulation - are they bleeding?

DR ABC WHO?
DR ABC:
If you find someone unconscious, use DR ABC:
DANGER - check for DANGER
Response - check for response
Always - is there always clear?
Breathing - are they breathing?
Circulation - are they bleeding?

POLICE
Response | check if they respond to you
Airway | open up their airway
Breathing | check if they are breathing
Call/call 999

London Fire Brigade
You need a smoke alarm on every level of your house and you need to test them once a month. If someone has fallen into the tracks press the Green emergency button immediately.

Transport Safety
If you see someone with a weapon or knife, report it to an adult or a police officer. It is illegal to carry weapons or knives unless you are in the military or your job requires knives however you must have proof to show you are what you say you are. If you see a weapon or a knife anywhere, NEVER EVER PICK IT UP! Instead, you should remember where it was or take a photo of it and tell an adult or a police officer.

P.S.H.E - Safety

DR ABC
D - Check for danger
R - Check for response
A - Check for airway
B - Check for breathing
C - Call an ambulance!

DR ABC
D - Check for danger
R - Check for response
A - Check for airway
B - Check for breathing
C - Call an ambulance!

DR ABC
D - Check for danger
R - Check for response
A - Check for airway
B - Check for breathing
C - Call an ambulance!

Safety Poster

Fire safety, fire is very dangerous, but there is a way to survive your house on fire. If you wake up and there is a fire, you can feel your doorknob with the back of your hand and if it is cold, open it and scream "FIRE, FIRE" then get out the house and call 999.

Bus and train safety. Bus and train safety is important for when you are travelling. If there is no where to sit on the bus, remember to stand up in a safe place, and if you are on the tube or the bus, you can report anything suspicious like a bag or violence to a staff or driver.

If you see someone lying on the floor, the first thing should do is check if they can hear you. First see if they can hear you normally, then try saying it loudly in their ear. If they don't respond, check if they're breathing. If they aren't, immediately call 999 and ask for the ambulance.

When you are walking somewhere like a park, and you see a child or an adult outside with a knife, the first thing you should do is stay far away, and check if they are a worker that needs a knife to do their job. If they are not a worker, get somewhere safe and report it to someone like the police.

PSHE

DR ABC
D - Check for danger
R - Check for response
A - Check for airway
B - Check for breathing
C - Call an ambulance!

DR ABC
D - Check for danger
R - Check for response
A - Check for airway
B - Check for breathing
C - Call an ambulance!

DR ABC
D - Check for danger
R - Check for response
A - Check for airway
B - Check for breathing
C - Call an ambulance!