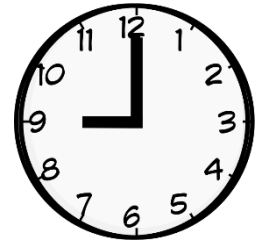


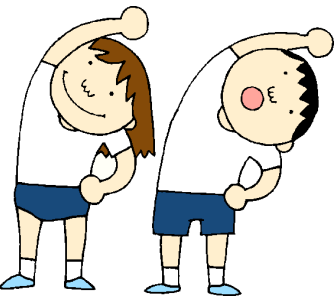
Top tips for supporting your child's learning at home

Get into a routine – with a set start time for learning each day. Agree a timetable or schedule for the day and try to stick to it.



Provide a dedicated space at a desk or table for learning at home with pencils and paper etc. If you can, make this a different space from the space used for games and playing.

Encourage your child to stick to the task times set by teachers and to focus on one task at a time for the set period of time. Let your child see a clock or give them time warnings when they are half way through or have five minutes left.



Build in lots of breaks between tasks – get your child to get up, move around, even do some dancing or yoga! Perhaps they need a drink or a piece of fruit, too.



Try to get outside whenever and however you can!

Encourage independence where ever you can – we are trying to set activities that most children should be able to do on their own, after an initial explanation from an adult at home.



Try to make any tasks around the home into a learning activity, too – this is your chance for children to help with the cooking or in the garden and for you to share out the household chores like emptying the dishwasher or putting away the washing.

Think about how you will limit screen time (though some screen time will inevitably be very important over this next few weeks!). Perhaps build this into your daily schedule with a specific limit and warnings when the time is coming to an end. Do remember all the online safety tips and the importance of supervising and talking with your child about their activities on line.

