

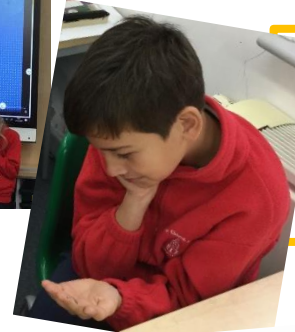
PSHE WEEK IN YEAR 5!



We took part in 'Odd Sock Day'!



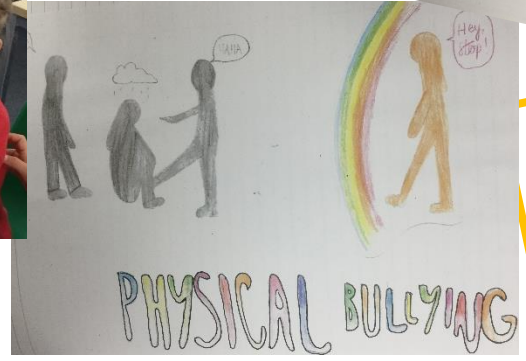
We learnt about self-respect and the importance of giving ourselves praise and recognising our talents. We all created a 'Celebrating Me!' poster to showcase our best qualities and achievements!



We did lots of drama this week! We spoke about how friendships can change and the ups and down we may experience in our friendships. We then came up with common friendship issues we have all experienced, acted these out and came up with resolutions! We also did some drama related to our anti-bullying work.

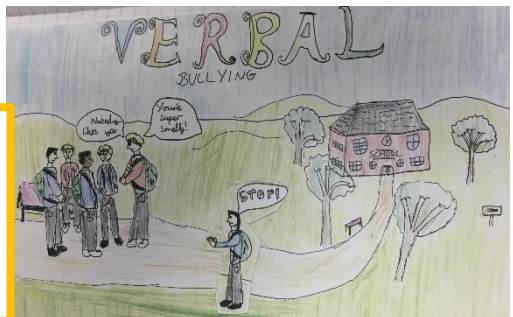


We made 'Scooby' friendship bracelets to swop with our bracelet buddy! We might not have been able to meet in person this year, but we made our partner a card to go with the bracelet.



We became ABCs! This means we are now 'Anti-Bullying Champions' at Christ Church. We learnt all about the different types of bullying, discussed different types of discrimination and learnt how we can be an upstander rather than a bystander.

We learnt all about peer pressure. We looked at some scenarios in groups and had to identify where peer pressure was taking place. We then discussed how we would react to this and what the best thing to do would be.



After our ABC course, we created artwork to show the different types of bullying and the ways in which we can be upstanders.

