

Good morning everybody!

Thank you for all your thoughtful lists of things you are grateful for after our last assembly about our school value of simplicity and appreciating the simple things we have.

The pictures of all the lists are here on the website (there are three sheets!):

<https://christchurchschool.co.uk/home-learning-news-weeks-3-and-4/>

I loved the fact that everyone was grateful for their families, their homes and their health, as well as people who are helping us and the whole community at the moment.

I promised to share my list which is: my family (at home and elsewhere), my home, being healthy and happy, nature all around us and my computer/my telephone for keeping me in touch with everyone, including everyone at school – I love to see the photos of you and your work!

I loved Miss Brenta's calligraphy, showing she is grateful for her class, and Miss Mardon's list, in particular:



Also, why not try the Watts family's idea of thinking up a gratitude ABC? We all have lots to be grateful for and it is great to take time to think and appreciate the simple things.

I am grateful for the singing 🎵 of the birds I can hear when morning has broken.

I am grateful for the clean water to wash my hands 🙌 each day.

I am grateful for the home I live in to keep me warm at night.

I am grateful for the trees and Hampstead Heath that breathes fresh air on me.

I am grateful for my job at school that brings me joy in my ❤️ and a smile each day to see children play.

I am grateful for my lovely family 👨👩👧 who love and care for me always.

I am grateful for all my caring and supportive friends.

Each week I'm going to get us all to think about one of the Christian values of our school and how these are still important to us all, even when we can't all be in school together.

Can you remember all five of our values?



This week we are thinking about **Compassion**

Our value of compassion is about putting ourselves in other people's shoes, thinking about how they are feeling and trying our best to care for them.

I'm going to ask you to watch our school film about our Christian value of compassion. While you watch, think about these things:

- Remind yourself about how our value is rooted in the Bible in the story that Jesus told about the Good Samaritan.
- Who does Jesus tell us is our *neighbour*? Who is *your* neighbour?
- Listen to the children saying the 'compassion is' sentences – think about who we could be showing compassion to and caring about while we are all at home

You can watch the film here:

<https://christchurchschool.co.uk/christian-value-films/>

Choose the Compassion film

Or under the 'About us' tab on the school website.

What could you do to show compassion for others?

Put yourself in your parents' shoes (you could even try some on if they will let you!) and try to think about how they are feeling at the moment. Maybe they are very busy with their own work and helping you with your learning? Maybe they are worried about other people in your family?

What could you do to show compassion to your parents? – **try to do just one extra thing to help them out today**

Put yourself in your grandparents' shoes (or any other person (older or younger) who might be on their own at the moment) and try to think about how they are feeling at the moment. Maybe they are missing coming to visit you and other members of your family? Maybe they are lonely on their own each day?

What could you do to show compassion for your grandparents or for another person you know who is on their own? – **maybe you could send them a card, write them a letter or an email, draw them a picture, talk to them on the phone or via a video call. I would love to see any photos of your cards, pictures or even you talking on the phone so that we can share how we are showing compassion for those who are on their own at this time.**

Finally, we will finish our assembly, as usual, with a prayer:

Dear Lord,

Please keep us all safe and happy in this time while we are away from each other.

Thank you for our families and help us all to use this time to make our connections to our families, near and far, stronger than ever.

Help us all to put ourselves in others' shoes and be compassionate to those around us, by thinking about and helping people in our homes and in our local communities, especially those who are on their own.

We pray for all those who are ill and all those who are caring for them all around the world.

Amen