

# Useful websites for parents and carers

These websites contain some useful information about how to keep your children safe online, and what to do if something negative happens.

## **Parental Controls (Internet Matters)**

<https://www.internetmatters.org/parental-controls/>

Step by step guides to help you to set up the right controls and privacy settings on the networks, gadgets, apps, and sites they use to give them a safer online experience.

## **Best parental control apps for Android and iPhone 2020**

<https://www.tomsguide.com/uk/us/best-parental-control-apps,review-2258.html>

Keep your kids safe on their phones with the best parental control apps

## **UK Safer Internet Centre**

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

Advice and resources to support you as you support your child to use the internet safely, responsibility and positively.

## **National Society for the Prevention of Cruelty to Children**

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

From setting up parental controls to advice on sexting, online games and video apps, this website can help you to understand the risks and keep your child safe.

## **Childnet**

<https://www.childnet.com/parents-and-carers>

Information you need to keep your child safe online.

## **ThinkUKnow**

<https://www.thinkuknow.co.uk/parents/>

Since 2006, Thinkuknow has been keeping children and young people safe by providing education about sexual abuse and sexual exploitation.

## **London Grid for Learning**

<https://www.lgfl.net/online-safety/resource-centre?s=16>

Safeguarding and Online Safety resources

## **Common sense media**

<https://www.common sense media.org/>

**Common Sense Media** is the leading source of entertainment and technology recommendations for families.

## **CEOP/CEOP youtube channel**

<https://www.youtube.com/user/ceop>

<https://www.ceop.police.uk/safety-centre/>

The Child Exploitation and Online Protection Centre -- CEOP for short -- is a UK police agency that delivers free education programmes into schools to help children of all ages stay safe online and is active in sharing best practice techniques with the wider child protection community through a number of training initiatives.

## **Internet matters**

<https://www.internetmatters.org/>

Get expert support and practical tips to help children benefit from connected technology and the internet safely and smartly.

## **Netaware**

<https://www.net-aware.org.uk/>

Your guide to social networks, apps and games

## **Ditch the Label**

<https://www.ditchthelabel.org/>

Anti-bullying charity - We are one of the largest anti-bullying charities in the world, working endlessly to end bullying and to support young people aged 12-25.

## **The Female lead**

<https://www.thefemalelead.com/>

**The Female Lead** is a campaign to showcase inspirational **female role** models across the world. "You can't be what you can't see. Role models allow young people to believe in their own power".

## **Vodafone Digital Parenting magazine**

[https://assets.vodafone.co.uk/cs/groups/public/documents/document/vodafone\\_digital\\_parenting.pdf](https://assets.vodafone.co.uk/cs/groups/public/documents/document/vodafone_digital_parenting.pdf)

Vodafone's guide to help your family live a happy and safe digital life.